

## **British Ice Skating – Commitment to Anti-Doping and Clean Sport**

**1/7/20-30/6/21**

British Ice Skating (BIS) is committed to ensuring that the integrity of our sport is protected, allowing all athletes to compete knowing that they and their competitors are clean.

The national governing body (NGB) is also aware of its responsibility to educate and lead the way on ensuring its members, coaches, athletes and participants do everything they can to keep the sport clean.

The Covid-19 pandemic and extended lockdowns across the UK severely impacted the organisation's ability to provide the in-person training that it had hoped to embark on throughout the previous year. With rinks across the country closed for months on end, this hindered the efforts to provide in person anti-doping education for the period of June 2020-June 2021.

Although a lot of planned anti-doping work was postponed there were several opportunities taken throughout the year to promote clean sport.

A British Ice Skating Development and Performance Officer attended a UKAD course to become a 100%me educator. As a fully trained educator they will now be an extra point of contact for anyone who wishes to speak to the organisation about anti-doping matters. They will also aim to provide training, advice and support throughout the coming year. This commitment to developing staff as local experts also means the knowledge exists within BIS to ensure anti-doping and clean sport are always a priority.

Throughout the period of time that ice rinks were forced to close across the UK due to the Covid-19 Pandemic, online sessions were conducted for all members of BIS. These varied from live exercise classes to Q&A sessions with established athletes and coaches. Whilst there were no direct education sessions regarding anti-doping, the theme of clean sport was prominent throughout.

Clean Sport Week, hosted by UKAD, is a vital part of the calendar for British Ice Skating. BIS dedicated its social media channels for the entire week to promote the various ways in which UKAD was promoting clean sport. This included using graphics to educate followers and encourage people to make themselves aware of what they can do to ensure the integrity of ice skating. This was also a vital opportunity to make athletes and coaches aware of their responsibilities when it comes to clean sport.

As events were slowly able to get back underway UKAD materials were placed at competitions wherever possible. This presence in an ice rink was to allow people to browse posters, making them aware of useful contacts, websites and information regarding clean sport.

British Ice Skating now has an appointed Director on the Board with responsibility for anti-doping and clean sport. This commitment, alongside the ongoing work of the organisation, highlights the long-term commitment to anti-doping and clean sport. Including, but not limited to educating coaches, athletes, staff members and maintaining a pro-active approach in communicating these aims.