

On Ice Safety Review for Events

British Ice Skating is committed to the safety of all who participate within any of our sports and following a risk review under consultation with our Doctor, relevant TAC groups and other stakeholders including our insurance company we are making the following changes effective immediately.

For all Permitted and Non-Permitted Competitions

Where a head injury or other significant injury occurs the medical provider has the final say if a skater is able to compete. Coaches must also take responsibility to ensure the medic and/or referee and/or event organiser is aware of injuries which may risk a person's health. Referees and event organisers are not responsible for making medical decisions regarding whether a person is medically fit to skate, however they are permitted to withdraw a skater should an injury happen during an event, or if they become aware of something which provides notable concern. They are also permitted to halt an activity to speak to skaters if they are concerned around safety. A report will be submitted to British Ice Skating for all medical incidences or withdrawals.

Singles Skating

Warm Up

The maximum skaters permitted on a warmup is 6. This is for all permitted events including international events. For beginner to national 2 the maximum skaters between ice resurfaces is 30 skates. For national 3 to national 5 the maximum skaters between ice resurfaces is 24 skates. For national 6 and above the maximum skaters between ice resurfaces is 18. British Ice Skating, in conjunction with relevant TAC groups may approve an amendment of up to approx. 10% additional skaters between resurfaces on case-by-case basis.

Practice Ice

The maximum skaters on a practice ice session during a permitted event is 20 on a rink with dimensions of 60x30m. Rinks with smaller size should be reduced accordingly. If unsure please contact the team at permits@iceskating.org.uk. 18 skaters or less would be considered best practice. Practice ice sessions must separate lower level (national 3 and below) and high level (national 6 and above). Further separation is advised where possible – if splitting further then up to 4 consecutive national levels may be allowed (e.g. national 1, 2, 3 and 4 together). There should be no more than 1 hour of skating between each ice resurface. Where Official Championship Practice is taking place the maximum skaters between resurfaces is 18.

First Aid Provisions

There must be a minimum of one designated first aider at all times. A first aid kit and bleed control kit must be easily accessible at all times. Where possible, a defibrillator should be accessible. An Emergency Action Plan must be completed and followed at all times.

Permit

A risk assessment relevant to the event and venue must be completed and submitted with final permit applications. First Aid Provisions must be included and an Emergency Action Plan must be provided. In addition, public liability insurance of the venue must be submitted.

If the club conducting the event is not affiliated by BIS then the event insurance details must also be submitted.

Pairs Skating

Warm Up

The maximum pair teams permitted on a warmup is 4 (8 skaters). This is for all permitted events including international events. Pairs skating should commence after an ice resurface.

Practice Ice

Pairs skaters can skate on singles practice sessions to perform non-pairs elements as individual skaters but should be on the singles session comparable to their ability (e.g, senior pairs skaters cannot be on the ice with beginners). Where pairs elements are being practiced there must be a designated pairs practice ice. Abilities can be mixed providing a review of risk is conducted but should have no more than 4 pairs teams on the ice at any one time. Pairs practice sessions should commence after an ice resurface where possible.

First Aid Provisions

There must be a minimum of two designated first aiders at all times, one of which must be trained in evacuation. A first aid kit and bleed control kit must be easily accessible at all times. Where possible, a defibrillator should be accessible. An Emergency Action Plan must be completed and followed at all times.

Permit

A risk assessment relevant to the event and venue must be completed and submitted with final permit applications. First Aid Provisions must be included and an Emergency Action Plan must be provided. In addition, public liability insurance of the venue must be submitted.

If the club conducting the event is not affiliated by BIS then the event insurance details must also be submitted.

Ice Dance (Couples)

Warm Up

The maximum ice dance teams permitted on a warmup is 4 (8 skaters). This is for all permitted events including international events.

Practice Ice

Dance Couples can skate on solo dance practice sessions to perform non-couple elements as individual skaters but should be on the solo session comparable to their ability (e.g, senior ice dance skaters cannot be on the ice with beginners). Where couples elements are being practiced, however, this must be on designated couples practice ice. Abilities can be mixed providing a review of risk is conducted but should have no more than 4 ice dance teams on the ice at any one time.

First Aid Provisions

There must be a minimum of two designated first aiders at all times, one of which must be trained in evacuation. A first aid kit and bleed control kit must be easily accessible at all times. Where possible, a defibrillator should be accessible. An Emergency Action Plan must be completed and followed at all times.

Permit

A risk assessment relevant to the event and venue must be completed and submitted with final permit applications. First Aid Provisions must be included and an Emergency Action Plan must be provided. In addition, public liability insurance of the venue must be submitted.

If the club conducting the event is not affiliated by BIS then the event insurance details must also be submitted.

Solo Ice Dance

Warm Up

The maximum skaters permitted on a warmup is 6. This is for all permitted events including international events. For pattern dances the maximum skaters between ice resurfaces is 24. For rhythm dances and free dances the maximum skaters between ice resurfaces is 18. British Ice Skating, in conjunction with relevant TAC groups may approve an amendment of up to approx. 10% additional skaters between resurfaces on case-by-case basis.

Practice Ice

The maximum skaters on a practice ice session during a permitted event is 20 on a rink with dimensions of 60x30m. Rinks with smaller size should be reduced accordingly. If unsure please contact the team at permits@iceskating.org.uk. 18 skaters or less is best practice. Practice ice sessions should split pattern dance, rhythm dance and free dance into different sessions where possible.

First Aid Provisions

There must be a minimum of one designated first aider at all times. A first aid kit and bleed control kit must be easily accessible at all times. Where possible, a defibrillator should be accessible. An Emergency Action Plan must be completed and followed at all times.

Permit

A risk assessment relevant to the event and venue must be completed and submitted with final permit applications. First Aid Provisions must be included and an Emergency Action Plan must be provided. In addition, public liability insurance of the venue must be submitted.

If the club conducting the event is not affiliated by BIS then the event insurance details must also be submitted.

Speed Skating and Short Track

First Aid Provisions

There must be a minimum of two designated first aiders at all times, one of which must be trained in evacuation. A first aid kit and bleed control kit must be easily accessible at all times. Where possible, a defibrillator should be accessible. An Emergency Action Plan must be completed and followed at all times.

Permit

A risk assessment relevant to the event and venue must be completed and submitted with final permit applications. First Aid Provisions must be included and an Emergency Action Plan must be provided. In addition, public liability insurance of the venue must be submitted.

If the club conducting the event is not affiliated by BIS then the event insurance details must also be submitted.

Courses

We recommend the following courses for anyone who may have to act as a designated first aider, or who would like more knowledge.

[Online Course | Stop the Bleed](#)

[Concussion Guidelines | England Football Learning](#)