



# **ALISC**

## **SOLO DANCE SERIES COMPETITIONS**

### **MONDAY 21<sup>st</sup> May 2018**

Proudly sponsored by



Aberdeen Linx Ice Skating Club welcome entries for the above competitions the details of which and the relevant entry forms can be found below.



# ABERDEEN SOLO DANCE SERIES 2017/2018

**NB: For Solo Dance Series Competitions there are no mandatory age restrictions in any category.**

Category	Recommended Entry Requirements Solo Series*	Pattern Dance Short Dance	Free Dance
<u>Beginner</u>	Skate UK Star	Novice Foxtrot (2.seq) Canasta Tango (2 Seq)	1 min 30 sec +/- 5 sec. Criteria below
<u>Young Star 1</u>	Level 1 Compulsory Dance plus Min Level 1 Field Moves	Rhythm Blues (2 seq) Dutch Waltz (2 seq)	1 min 30 sec +/- 5 sec. Criteria below
<u>Young Star 2</u>	Level 2 Compulsory Dance plus Min Level 2 Field Moves	British Waltz (2 seq) Fiesta Tango (2 seq)	1 min 30 sec +/- 5 sec. Criteria below
<u>Young Star 3</u>	Level 3 Compulsory Dance plus Min Level 3 Field Moves	Golden Skaters Waltz (2 seq) Riverside Rhumba (2 seq)	1 min 30 sec +/- 5 sec. Criteria below
<u>Level 4 (Juvenile)</u>	Level 4 Compulsory Dance plus Min Level 4 Field Moves	European Waltz (2 seq) 22 Step (2 seq)	1 min 30 sec +/- 5 sec. Criteria below
<u>Level 5 (Primary)</u>	Level 5 Compulsory Dance plus Min Level 5 Field Moves	14 Step (4 seq.) Foxtrot (4 seq)	1min 30 sec +/- 5 sec. Criteria below
<u>Level 6 (Basic Novice)</u>	Level 6 Compulsory Dance plus Min Level 6 Field Moves	Foxtrot (4 seq) American Waltz (2 seq)	2 min +/- 10 sec. Criteria below
<u>Level 7 (Advanced Novice)</u>	Level 7 Compulsory Dance plus Min Level 7 Field Moves	Tango (2 seq) Starlight Waltz ( 2 seq)	2min 30 sec +/- 10 sec. Criteria below
<u>Level 8 (Junior)</u>	Level 8 Compulsory Dance plus Min Level 8 Field Moves	Short Dance Cha Cha Congelado	3 min +/- 10 sec Criteria below
<u>Level 9 (Senior)</u>	Level 9 Compulsory Dance plus Min Level 9 Field Moves	Short Dance Rhumba	3 min 30 sec +/- 10 sec Criteria below

**Pattern Dances:** All Pattern Dance Music will be ISU. Except for:

Basic Novice Pattern Dance and Advanced Novice Pattern Dance where skaters can choose their own music which fit the rhythm pattern and tempo set for the dance within the prescribed tolerances.

**Key Points.** There will be no Key Points for the categories of Basic Novice and below.

2 Key Points will be used at Advance Novice

3 Key Points will be used at Junior & Senior.

**Junior Short Dance:** Any number of the following Latin American Rhythms: Cha Cha, Rhumba, Samba, Mambo, Meringue, Salsa, Bachata and any closely related Latin American Rhythms.

Rules and Rhythm as per ISU communication 2076 and any pertinent up dates. ([www.isu.org](http://www.isu.org))

**The Pattern Dance Elements** must be skated on the Cha Cha Rhythm, in the style of the Cha Cha, with the following range of tempo: 28 to 30 measures of four beats per minute (112-120 beats per minute.) The Tempo of the music throughout the Pattern Dance Element must be constant.

**The Step Sequence** must be skated to a different rhythm from the Cha Cha

1) Pattern Dance Element: **Two (2) Sections of Cha Cha Congelado.**

- Section 1: Steps # 1-17
- Section 2: Steps # 18 -38

**For the Cha Cha Congelado**, each section skated one after the other, Section 1 followed by Section 2, with Step # 1 skated on the Judges' opposite side.

2) One (1) Pose or Combination Pose (New rules apply see Pose Definitions)

3) One (1) Midline, Diagonal or Circular step sequence. The Level of the Step Sequence shall be given using the Characteristics of Levels Style B\*

4) One (1) set of sequential twizzles

One of the permitted stop(s) (up to 5 sec only) may be used within the Step Sequence. During a Stop, the choreography may be stationary or slightly moving in any direction.

**Senior Short Dance:** Any number of the following Latin American Rhythms: Cha Cha, Rhumba, Samba, Mambo, Meringue, Salsa, Bachata and any closely related Latin American Rhythms.

**The Pattern Dance Element** shall be skated to any of the Latin American Rhythms and must be in the style of the chosen rhythm, with the range of temp: 172 – 180 beats per minute. The Tempo of the music throughout the Pattern Dance Element must be constant.

**Pattern Dance Type Step Sequence (PSt)** - as described in the Rule 703, para 4b, iii) must be skated to a different rhythm from the one chosen for the Step Sequence. The Tempo of the music throughout the Pattern Dance Type Step Sequence must be constant.

Rules and Rhythms as per ISU Communication 2076 and any pertinent updates ([www.isu.org](http://www.isu.org))

Replacing the required elements with,

## 1) One (1) Section of Rhumba comprised # 1-16 + Steps # 1-4

**For the Rhumba**, the start of the first step of the Pattern Dance, Step #1, to be skated on the Judges' left side. Section 1: Steps # 1-16 + Steps # 1-4

## 2) One (1) Pattern Dance Type Step Sequence (Style B\*):

Pattern: up to one full circuit of the ice surface and must start on beat one of a musical measure.

### The following two options will indicate the beginning of the PSt

- Using one of the permitted stops.
- performing a skidding movement within two measures of music after the last step of the required PDE (Step #4). The first step immediately after a skidding movement will indicate the starting point of the Pattern Dance Type Step Sequence (PSt).

### The following three options will indicate the completion of the PSt:

- performing one of the permitted stops
  - a skidding movement (Duration - any number of beats permitted)
  - Choreographic Spinning movement
    - which travels and will not be considered as a stop.
    - Which becomes stationary and is performed on the spot will be considered a stop.
- 
- The PSt may not start from the beginning of the program;
  - Duration: any exact number of musical phrases;

**The Pattern Dance Type Step Sequence (PSt** - as described in the Rule 703, para.4b, iii) must be skated to a different rhythm from the one chosen for the Not Touching Step Sequence. The Tempo of the music throughout the Pattern Dance Type Step Sequence must be constant.

3) One (1) Midline, Diagonal or Circular step sequence. The Level of the Step Sequence shall be given using the Characteristics of Levels Style B\*

4) One (1) Pose or Combination Pose (New rules apply see Pose Definitions)

5) One (1) set of sequential twizzles

One of the permitted stop(s) (up to 5 sec only) may be used within the Step Sequence. During a Stop, the choreography may be stationary or slightly moving in any direction.

## **For Junior & Senior Short Dance.**

The Dance Spin is not a Required Element in a Junior and Senior Short Dance. Nevertheless, a Dance Spin or spinning movement skated around a stationary axis on one foot (or two feet) with any number of rotations is permitted. A skater may choose to use this movement as part of their choreography. The Technical Panel will ignore these movements and the Judges will consider these movements as ONE of the permitted stops.

A Dance Spin performed within the Pattern Dance Type Step Sequence for Senior (excluding the start or finish of the PSt) shall be considered by the Judges as a Stop which is a Not Permitted Element.

A Dance Spin performed within the Not Touching Step Sequence for Junior and Senior (up to 5 sec) shall be considered by the Judges as one of the permitted Stops.

A Choreographic Spinning movement which travels will not be considered as a stop. Which becomes stationary and is performed on the spot will be considered as a stop.

Stop options include:

A permitted stop (up to 5 sec only) may be used within the Step Sequence (Senior and Junior)

A permitted Stop may be used to indicate the starting point of the Pattern Dance Type Step Sequence (Senior)

A permitted Stop may be used to indicate the completion of the Pattern Dance Type Step Sequence (Senior)

A permitted Stop may be used anywhere in the program excluding:

a) Within the Pattern Dance Element (Senior and Junior)

or

b) Within the Pattern Dance Type Step Sequence (a Stop is only allowed at the beginning or end of the PSt) (Senior)

A Choreographic Spinning Movement which travels will not be considered as a stop.

**For both the Junior and Senior Short Dances, the Cha Cha and Rhumba Rhythms are described in the ISU Ice Dance Music Rhythms Booklet 1995 and subsequent updates.**

Vocal Music is permitted.

Duration of the Short Dance : 2 minutes 50 sec +/- 10 secs.

## **Free Dance Elements**

**NB:** For Free Dances of 1 minute 30 second +/- 5 sec. A change of Tempo and Expression **is not required**.

For Free Dances of 2 minutes +/- 10 sec duration and greater a change of Tempo and Expression **is required**

**Please Note: Attitudes are Poses therefore where Poses are specified Attitudes are included.**

## **Beginner & Young Star Levels 1, 2, 3 :**

1. 1 (one) Pose ,
2. 1 (one) Straight Line Step Sequence skated barrier to barrier. The Level of the Step Sequence shall be given using the Characteristics of Levels Style B
3. 1 (one) Dance Spin (combined spin not permitted)
4. 1 set of Sequential Twizzles with not more than 3 steps between the twizzles.  
Minimum 1x clockwise and 1x anti-clockwise

Minimum 1 rotation in each twizzle.

Additional sets of twizzles are permitted, but only the 1<sup>st</sup> attempted set (outwith the step sequence) will count within the technical score. Others will be considered within the choreography mark.

### **Juvenile**

1. 1 (one) Single Pose
2. 1 (one) Straight Line Step Sequence skated barrier to barrier. The Level of the Step Sequence shall be given using the Characteristics of Levels Style B
3. 1 (one) Dance Spin with a minimum of 3 revolutions. Combination spins are not permitted
4. 1 (one) set of Sequential Twizzles with no more than 3 steps between the twizzles.
  - Minimum 1x clockwise and 1x anti-clockwise
  - Minimum 1 rotation in each twizzle.

Additional sets of twizzles are permitted, but only the 1<sup>st</sup> attempted set (outwith the step sequence) will count within the technical score. Others will be considered within the choreography mark

### **Primary**

1. 1 (one) Single Pose.
2. 1 (one) Straight Line Step Sequence skated barrier to barrier. The Level of the Step Sequence shall be given using the Characteristics of Levels Style B
3. 1 (one) Dance Spin with a minimum of 3 revolutions. Combination spins are not permitted
4. 1 (one) set of Sequential Twizzles with no more than 3 steps between the twizzles
  - Minimum 1x clockwise and 1x anti-clockwise
  - Minimum 1 rotation in each twizzle.

Additional sets of twizzles are permitted, but only the 1<sup>st</sup> attempted set (outwith the step sequence) will count within the technical score. Others will be considered within the choreography mark

### **Basic-Novice**

1. 1 (one) Single Pose.
2. 1 (one) Straight line Step Sequence (barrier to barrier) or 1 (one) Curved Step Sequence covering the full width of the ice. The Level of the Step Sequence shall be given using the Characteristics of Levels Style B
3. 1 (one) Dance Spin with a minimum of 3 revolutions. Combination spins are not permitted
4. 1 (one) set of Sequential Twizzles with no more than 3 steps between the twizzles
  - Minimum 1x clockwise and 1x anti-clockwise
  - Minimum 1 rotation in each twizzle
5. 1 (one) Choreographic Spinning Movement (See definition below). This movement can be performed anywhere in the program.

Additional sets of twizzles are permitted, but only the 1<sup>st</sup> attempted set (outwith the step sequence) will count within the technical score. Others will be considered within the choreography mark.

## **Advanced Novice**

1. 1 (one) Combination Pose **or** 2 (two) Single Poses. No Pose of the same type may be repeated. If performed the Single Poses must be separated by more than 3 steps between them. **New rules apply see Pose Definitions.**
2. 1 (one) Straight line Step Sequence (barrier to barrier) or 1 (one) Curved Step Sequence covering the full width of the ice. The Level of the Step Sequence shall be given using the Characteristics of Levels Style B
3. 1 (one) Dance Spin with a minimum of 3 revolutions. Combination spins are not permitted
4. 1 (one) set of Sequential Twizzles with no more than 3 steps between the twizzles

Minimum 1x clockwise and 1x anti-clockwise  
Minimum 1 rotation in each twizzle

5. 1 (one) Choreographic Spinning Movement (See definition below) This movement can be performed anywhere in the program.

Additional sets of twizzles are permitted, but only the 1<sup>st</sup> attempted set (outwith the step sequence) will count within the technical score. Others will be considered within the choreography mark

## **JUNIOR**

1. 1 (one) Combination Pose **or** 2 Single Poses. No Pose of the same type may be repeated. If performed the Single Poses must be separated by more than 3 steps between them. **New Rules apply see Pose Definitions.**
2. 1 (one) Straight Line Step Sequence ( Mid Line or Diagonal) skated barrier to barrier, Or, 1 (one) Curved (Circular or Serpentine) Step Sequence utilizing the full width of the ice surface. Style A
3. 1 (one) Dance Spin only
4. 1 (one) set of Sequential Twizzles with no more than 3 steps between the twizzles.

Minimum 1x clockwise and 1x anti-clockwise  
Minimum 1 rotation in each twizzle

5. 1 (one) Choreographic Spinning Movement (See definition below) This movement can be performed anywhere in the program.

Additional sets of twizzles are permitted, but only the 1<sup>st</sup> attempted set (outwith the step sequence) will count within the technical score. Others will be considered within the choreography mark.

## **SENIOR**

1. 1 (one) Combination Pose and 1 (one) Single Pose **or** 3 Single Poses. No Pose of the same type may be repeated. If performed the Single Poses or the Combination Pose and the Single

Pose, must be separated by more than 3 steps between them. **New rules apply see Pose Definitions.**

2. 1 (one) Straight Line Step Sequence (Mid Line or Diagonal) skated barrier to barrier.
3. 1 (one) Curved (Circular or Serpentine) step sequence utilizing the full width of the ice surface.
4. 1 (one) Dance Spins only.
5. 1 (one) set of Sequential Twizzles with no more than 3 steps between the twizzles

Minimum 1x clockwise and 1x anti-clockwise  
Minimum 1 revolution in each twizzle

6. 1 (one) Choreographic Spinning Movement (See definition below) This movement can be performed anywhere in the program.

Additional sets of twizzles are permitted, but only the 1<sup>st</sup> attempted set (outwith the step sequence) will count within the technical score. Others will be considered within the choreography mark.

In programs requiring two Step Sequences the Level of the first performed Step Sequence shall be given using the Characteristics of Levels Style A **and the second Step Sequence evaluated using the Characteristics of Levels Style B.**

Skaters **in all events** should refer to **ISU Special Regulations and Technical Rules, Singles and Pair Skating and Ice Dance 2016** (downloadable from the ISU website [www.isu.org](http://www.isu.org)) and all pertinent ISU Communications where further details and clarifications can be found.

Skaters are also advised to consult the Solo Dance Key Points and Technical Calling Requirements which are available via the NISA website [www.iceskating.org.uk](http://www.iceskating.org.uk)



## CATEGORIES OF POSE

The basic categories of poses are listed below.

Difficult \ original \ imaginative variations are encouraged and accepted e.g. a hydroblade is considered a difficult variation of a Tea Pot / Shoot the Duck, a Biellmann is a difficult variation of an Attitude.

**\*\*\* To be of a different Type a Pose, the Pose must be from a different category i.e. Attitude, Crouch, Lunge etc. \*\*\***

- ATTITUDE – A position or stance on 1 leg during which the skater moves either forwards, backwards or on a curve with the supporting leg extended or slightly bent and the free leg either
  - Raised higher than the level of the hip and
  - In front, behind or on the side and
  - Bent or extended and
  - Free or held (by knee or blade) ie Biellmann
- CROUCHING POSE – A movement on 2 feet during which a skater moves on the ice with both legs bent more than 90°
- INA BAUER – A movement on 2 feet during which a skater moves on the ice with 1 foot on a forward edge and the other on the same backward edge, on different but parallel curves.
- LUNGE/DRAG – A movement during which the skater moves on the ice with the skating knee bent more than 90° with the other leg extended behind and touching the ice.
- TEA POT/SHOOT THE DUCK – A movement on 1 foot where the skater moves on the ice with the skating knee bent to 90° and the thigh parallel to the ice, with the other leg extending forwards either parallel to the ice or pulled towards the core with the head and body bent to meet the knee.
- SPREAD EAGLE – A movement on 2 feet on an edge during which a skater moves on the ice with 1 foot on a forward edge and the other on the same backward edge, on the same curve.

### Single Pose

A position or stance attained and held for a minimum of 3 seconds. The maximum duration of a Single Pose is 7 seconds.

### Combination Pose -

A position or stance composing of 2 different Types of Single Pose combined. Each Pose within the Combination Pose must be attained and held for a minimum of 3 seconds. A maximum of 1 linking step is allowed between the 2 types of pose. The maximum duration of a combination pose is 12 seconds. **( Exception: a Combination Pose comprising two Attitudes on different edges connected by a change of edge or difficult turn is permitted as a Combination Pose)**

## **Solo Choreographic Movements:**

Choreographic movements are elements which must fit the phrasing / rhythm pattern of the music and enhance the choreography of the program.

**Choreographic Spinning Movement :** A continuous spinning (rotating) movement (other than a twizzle or a Dance Spin) on two feet or, alternate feet or, one foot and one knee / boot (but not two knees) with at least 3 full rotations which may be stationary or travelling.

## **Entry Criteria for the Solo Dance Series Competitions.**

Beginner	NISA UK Passport	But not Level 1 CD
Young Star 1	Level 1 CD and Level 1 FM	But not Level 2 CD
Young Star 2	Level 2 CD and Level 2 FM	But not Level 3 CD
Young Star 3	Level 3 CD and Level 3 FM	But not Level 4 CD
Juvenile	Level 4 CD and Level 4 FM	But not Level 5 CD
Primary	Level 5 CD and Level 5 FM	But not Level 6 CD
Basic Novice	Level 6 CD and Level 6 FM	But not Level 7 CD
Advanced Novice	Level 7 CD and Level 7 FM	But not Level 8 CD
Junior	Level 8 CD and Level 8 FM	But not Level 9 CD
Senior	Level 9 CD and Level 9 FM	

To co-ordinate the Solo Dance Series and ISU couples criteria,

In the Basic Novice category there is no maximum test standard for skaters who have not reached the age of 15 ( Ladies) and 17 (Men) before the 1st of July 2017.

In the Advanced Novice category there is no maximum test standard for skaters who have not reached the age of 15 ( Ladies) and 17 (Men) before the 1st of July 2017.

In the Junior category there is no maximum test standard for skaters who have not reached the age of 19 (Ladies) and 21 (Men) before the 1st of July 2017

## **Entry Criteria For British Solo Championships 2017/2018 and Young Star Categories:**

The top ranking 24 skaters in each category based on TTS scores, who also have the test levels below, will receive automatic entry to the British Championships. Skaters next in line on the ranking lists will be invited to fill any unallocated warm up slots.

With the exception of Young Star 1 Beginners skaters are required to have a minimum of the test levels stated.

Young Star 1 (Beginners)	Skate UK Star (But not any part of Level 1 CD, 1 FD or 1FM ) Age: Not reached the age of Ladies 9, Men 10 before 1 <sup>st</sup> July 2017
Young Star 2	Level 1 CD, 1FD, 1FM    Age: Not reached the age of Ladies 9, Men 10 before 1 <sup>st</sup> July 2017
Young Star 3	Level 2 CD, 2FD, 2FM    Age: Not reached the age of Ladies 10, Men 11 before 1 <sup>st</sup> July 2017

Young Star 4	Level 3 CD, 3FD, 3FM before 1 <sup>st</sup> July 2017	Age: Not reached the age of Ladies 11, Men 12
Juvenile	Level 4CD, 4FD, 4FM before 1 <sup>st</sup> July 2017	Age: Not reached the age of Ladies 12, Men 13
Primary	Level 5CD, 5FD, 5FM before 1 <sup>st</sup> July 2017	Age: Not reached the age of Ladies 13, Men 14
Basic-Novice	Level 6CD, 6FD, 6FM 1 <sup>st</sup> July 2017	Age: Not reached the age of Ladies 14, Men 15 before
Advanced Novice	Level 7CD, 7FD, 7FM before 1 <sup>st</sup> July 2017	Age: Not reached the age of Ladies 15, Men 17
Junior	Level 8CD, 8FD, 8FM before 1 <sup>st</sup> July 2017	Age: Not reached the age of Ladies 19, Men 21
Senior	Level 9CD, 9FD, 9FM 1 <sup>st</sup> July 2017	Age: Not reached the age of Ladies 29, Men 29 before

For automatic qualification to the British Solo Championships competitors will be required to have skated in at least two qualifying Solo Series Competitions at different events.

### **Qualification for British Solo Championships**

The qualifying scores will be calculated according to the table below. All scores must be obtained at a Solo Dance Series Competition during the 2017-2018 season in the category the skater wishes to enter at the championships.

Category	PD / SD		FD		
Young Stars (1 -4)	Best PD Segment Score	+	Best FD Score	=	Qualifying score
Juvenile	Best PD Segment score	+	Best FD score	=	Qualifying score
Basic Novice	Best PD Segment score	+	Best FD score	=	Qualifying score
Advanced Novice	Best PD Segment score	+	Best FD score	=	Qualifying score
Junior	Best Short Dance Score	+	Best FD score	=	Qualifying score
Senior	Best Short Dance Score	+	Best FD score	=	Qualifying score

Based on the Qualifying scores, the top 24 skaters in each category will be invited to take part in the British Solo Dance Championships 2017/2018. Should any of these skaters not wish to take part (or there is vacancy in the warm up groups) the place(s) will be offered to the next highest skater(s) below the automatically qualifying group drawn from a ranking list based on the scores of the skaters who have taken part in the Solo Dance Series. Skaters taking part in only one event will automatically be ranked below those taking part in two or more events.

### **Planned Program Sheet:**

Attached "Planned Program Sheets" have to be filled in precisely and must return together with the entry forms to the Organising Committee by **Tuesday 1<sup>st</sup> May 2018**

## **Results:**

The determination and publication of the results will be done according to ISU Special Regulations & Technical Rules for Single & Pair Skating and Ice Dance 2016, Rules 352 and 353.

# **RULES & REGULATIONS**

## **ABERDEEN SOLO DANCE SERIES COMPETITION**

**Monday 21<sup>st</sup> May 2018**

COMPETITION REGULATIONS

**Competition held under NISA Regulations and Permit**

**CLOSING DATE FOR ENTRIES:**

**Tuesday 1<sup>st</sup> May 2018**

**A separate, fully completed entry form is required for each event entered.**

**NISA membership number MUST be provided or entries will not be accepted. Payment must be received in Full before entry is confirmed.**

1. The Competition will be held on the **21<sup>st</sup> May 2018** at the Linx Ice Arena, Aberdeen.
2. Closing date for entries is Tuesday 1<sup>st</sup> May 2018; no late entries will be accepted.
3. All events will be judged using the IJS system.
4. The Draw for order of skating will be an electronic random draw competition and details posted on our Facebook page Aberdeen Linx Ice Skating Club
5. **All technical requirements are as per NISA generic programme requirements 2017/2018.**
6. Test requirements are as at closing date for receipt of entries. If the entrant's test standard changes on or before the closing date, notification to the competition secretary is required immediately. Please note that the application may be moved up to the higher level, however it will be submitted using the date the skater passed the higher level test. Tests passed after the closing date DO NOT allow entry to be transferred to another level under any circumstances. It is the responsibility of the skater or their Parent/Guardian to ensure prompt notification of such to the competition secretary at [aliscdanceopen@gmail.com](mailto:aliscdanceopen@gmail.com)
7. Competitions with only one competitor may require to skate to standard to receive the trophy and this will be at the discretion of the Referee. Skaters in this situation will be informed and given opportunity to withdraw at closing date.
8. The competitions will be held under permit (applied for) from the National Ice Skating Association and it is a requirement of this competition that all competitors are a member of NISA. Skaters who have not paid their NISA membership at the time of the draw will not be entered into the draw and therefore will be unable to participate in the competition.
9. All competitors must be eligible skaters as defined by the NISA rules and may skate in the competition for which they qualify by age and standard. All competitors must quote their NISA membership number.
10. A photocopy of the Skate U.K. passport must be supplied with entry for all Beginner competitions who have not achieved NISA Level 1 field moves.
11. Entries to all competitions will be treated on a first received basis with a limit to entries in each section determined by the time available. A separate entry form is required for each class entered. Oversubscribed categories will be capped and all applicants will be informed shortly after the closing date whether they have been offered a place or not. Reserve lists will operate until the time of the draw for entries to oversubscribed sections in order of date received by the closing date.
12. All skaters are required to fill in the programme content sheet attached to the entry form. This should be filled in using the shorthand, with the timings of each element filled in, signed and dated. This form must be sent with the entry form and entries cannot be accepted without it.
13. The organisers of the competition:
  - a) Retain the right to refuse entry without reason assigned

- b) Retain the right of decision on all matters, their decision being final.
14. Music for programmes will only be accepted on CD, Memory stick which must be clearly marked with competitor's name, competition entered and length of programme. There should be only one piece of music on the disc. A back-up of the music is recommended which should be held by the coach at rink side.
15. Entry Fees: - **£45.00 per Competition segment entered**
- Payment** by bank transfer to:
- Aberdeen Linx Ice Skating Club, Santander Sort Code: 09-01-29 Account No: 04021652 please ensure reference is Skaters Name.**
16. **Withdrawals: Entry fees will only be refunded for oversubscribed entries. No refunds will be issued for any withdrawals unless accompanied by a medical letter.**
17. All entries received will be notified by email. If you have not received confirmation with 5 days of submission of form, please email competition secretary. Please note we will confirm receipt of entry paperwork within 5 days but not acceptance into the event. Skaters will be informed of this after closing date.
18. Photographs & DVDs – Personal photography/videos recording is **not** permitted at this event. There will be an Official Photographer & videographer recording the event, and photos and DVDs will be available to purchase at the event and afterwards. Details will be posted on our Facebook page.
- To comply with the NISA Child Protection Policy, all competitors must consent to being photographed and videoed and agree to be included in the official photographs/ videos of the event. By entering the event there is automatic acceptance that the skater may be photographed/videoed and that any images may be used by NISA and ALISC.
19. These competitions may be subject to doping control under NISA rules and by the ISU.
20. Presentations will take place at the end of skating each day, or at suitable points should time allow.
- Winners of an event are responsible for the safekeeping and return of the trophy and a declaration form signed accordingly. All trophies must be returned at the request of ALISC.
21. Practice Ice – It is hoped to provide limited practice ice at this event; details will be posted on our Facebook page nearer the time of the event.
22. Property loss -ALISC cannot accept any responsibility for any damage or loss of personal property.
23. By entering the competition, you agree to abide by all the rules and regulations laid out in this document.
24. The timetable of events will be published as soon as possible after the closing date and it will NOT BE POSSIBLE to confirm exactly which events will take place on which day prior to this, as ALISC will work with officials to ensure as many skaters as possible can enter the event and this may influence the days.
25. **Entry Forms should be submitted to the competition secretary by email or post:**

Email: to **aliscdanceopen2018@gmail.com**

Post: to **Donna Sim, Ladenhar, Folla Rule, Inverurie, Aberdeenshire, AB51 8QT** - Please do not send recorded delivery as collection from the post office cannot be guaranteed.

***Please be advised that refunds will not be given after the closing date unless requested with an accompanying medical letter. In the event of the competition having to be cancelled due circumstances beyond our control, for example adverse weather conditions. a £10 deposit will be kept per category segment to help cover overheads.***



**ALISC**  
**SOLO DANCE SERIES COMPETITIONS**

**SOLO DANCE SERIES ENTRY FORM**

**Linx Ice Arena, Aberdeen- 21<sup>st</sup> MAY 2018**

**CLOSING DATE – 1<sup>st</sup> MAY 2018**

**Please tick the segments you wish to enter**

**Event Entered**

	Please Tick		Please Tick
	PD / SD	FD	
<b><u>Solo Dance</u></b>			
Solo Beginner			
Solo Level 1			
Solo Level 2			
Solo Level 3			
Solo Juvenile Level 4			
Solo Primary Level 5			
Solo Basic Novice Level 6			
Solo Advanced Novice Level 7			
Solo Junior Level 8			
Solo Senior Level 9			

**Competitor Details**

Details of Man		Details of Lady	
Full Name		Full Name	
Current Mailing Address		Current Mailing Address	
Email Address		Email Address	
Membership Number	Date of Birth	Membership Number	Date of Birth
Telephone (daytime)	Telephone (evening)	Telephone (daytime)	Telephone (evening)

## UK Coach Details

NISA licensed coaches wishing to enter skaters for these events must have attended the discipline specific IJS seminar at the Coaches Conference either in 2013,2014 or 2015 to be accredited for this event. Any coach who has not yet attended the Coaches Conference may not now be accredited. Any IJS seminar prior to 2013 has now expired.

A Field Moves seminar also must have been completed prior to the date of the competition – This may have been completed prior to attendance of the Coaches Conference.

If the coach named on the application form has not done so, the skater will be given the opportunity to name another coach or remove the coach's name from their entry.'

Coach 1		Coach 2	
Name	Membership Number	Name	Membership Number
Date / Venue Conference \ IJS seminar attended		Date / Venue Conference \ IJS seminar attended	
Date / Venue Field Moves seminar attended		Date / Venue Field Moves seminar attended	
Signature  Date		Signature  Date	

Please send entry form plus entry **fee of £45 per segment** by Bank Transfer to **Aberdeen Linx Ice Skating Club, Santander Sort Code: 09-01-29 Account No: 04021652 please ensure reference is Skaters Name.**

Bank transfer payment made –yes/no

TO : **Donna Sim, Ladenhar, Folla Rule, Inverurie, Aberdeenshire, AB51 8QT** - Please do not send recorded delivery as collection from the post office cannot be guaranteed.

General Enquiries – **aliscdanceopen2018@gmail.com**

Declaration: I am an eligible skater (parent or guardian of skaters under 18years) as defined by NISA and agree to abide by the rules of the competition.

I agree that the information may be stored on computer and used for administrative purpose

Signed

Date

## **Music Information**

**All music must be on a CD with the skater's name(s) event and the length of the music (not the skating time clearly indicated. Tapes will not be accepted.**

<b>Music Details:</b> (Please complete carefully as this information is required for entry)	
<b>Short Programme / Short Dance</b>  Music Title:	Composer:
	Time: (Mins / Secs)
<b>Free Programme / Free Dance</b>  Music Title:	Composer:
	Time: (Mins / Secs)

**Interpretation details on Short Programme / Short Dance:** i.e. Tell us what piece of music you have chosen, where did the music come from, if it is from a soundtrack, where the section of music is taken from in relation to the soundtrack, and what you are interpreting on the ice, including background information regarding the piece of music selected.

**Interpretation details on the Free Programme / Free Dance:** i.e. Tell us what piece of music you have selected, where it came from, if it is a soundtrack, where the section of music is taken from in relation to the soundtrack, and what you are interpreting on the ice, including background information regarding the piece of music selected



# Programme Content Sheet

<b>Aberdeen Solo Dance Series</b>	Please complete in type or write in capital letters. Please only use ISU element codes. For Pairs and Dance only one partner need fill in this form.
<b>Linx ice Arena, Aberdeen- 21<sup>st</sup> May 2018</b>	

**Rink / Club:**

**Event:** Men Ladies Beginner Level 1 Level 2 Level 3 Juvenile Primary  
Basic Novice Advanced Novice Junior Senior

**Competitor(s)**

## ELEMENTS IN ORDER OF SKATING

	Time*	Elements SD (Junior / Senior only)		Time*	Elements FD
<b>1</b>			<b>1</b>		
			<b>2</b>		
<b>2</b>			<b>3</b>		
			<b>4</b>		
<b>3</b>			<b>5</b>		
			<b>6</b>		
<b>4</b>			<b>7</b>		
			<b>8</b>		
<b>5</b>			<b>9</b>		
			<b>10</b>		
<b>6</b>			<b>11</b>		
			<b>12</b>		
<b>7</b>			<b>13</b>		
			<b>14</b>		
<b>8</b>			<b>15</b>		
			<b>16</b>		

\*Time during program

**Signature:**

**Date:**

Please post to: **Donna Sim, Ladenhar, Folla Rule, Inverurie, Aberdeenshire, AB51 8QT** - Please do not send recorded delivery as collection from the post office cannot be guaranteed.

**PLEASE NOTE: INCOMPLETE ENTRY FORMS WILL BE RETURNED AND THE WHOLE ENTRY FORM WILL BE REJECTED WITHOUT THE SKATER BEING REGISTERED FOR THE EVENT.**