

ICE SHEFFIELD SKATING ACADEMY – SHEFFIELD OPEN IJS – 8TH–10TH NOVEMBER 2016
DEADLINE FOR ENTRIES – FRIDAY 30TH SEPTEMBER 2016

National Ice Skating Association of UK Ltd
TECHNICAL REQUIREMENTS FOR NATIONAL SINGLES OPEN COMPETITIONS
FROM 1ST July 2016 to 30TH JUNE 2017

(To read in conjunction with any relevant ISU Communications)

These competition program requirements comply with ISU Basic Novice to Senior and, for a short time, may be out of line with the NISA Free Skating test structure. All elements performed are as per ISU current regulations. This allows skaters to perform IJS test and competition elements as per the established criteria (ISU regulations)

This Generic Criteria must be read in conjunction with ISU Special Regulations and Technical Rules 2016 (when published) ISU Communications 2000 (revised), 2014, 2024 and any subsequent ISU communications. Vocal Music is allowed at all levels. ISU Age restrictions do not apply.

However, for the purpose of the Step Sequence in Beginner Singles, the requirement for full ice surface at base level will be achieved when the skater covers a minimum of 75% of the full ice surface to make this achievable for skaters at this level. The criteria for level 1 and above step sequences remain as per ISU.

Ladies and Men may not compete together in the same singles competitions. These singles competitions must be split into separate Ladies and Men's events. This does not apply to any exhibition events where this is at the discretion of the club. Tests passed after the closing date DO NOT allow entry to be transferred to another level unless agreed by the organizing committee.

The Generic Criteria is the same for all Opens, with the following conditions:

- **There are no age restrictions at any level of the Generic Criteria for competitors conforming to the Minimum and Maximum test standard requirements stated for the relevant level.**
- All competitions except exhibition events must be judged using IJS.
- IJS events from Beginner to Level 3 will be judged in accordance with the ISU Basic Novice regulations, i.e. No element can achieve higher than Level 2 and only 2 components will be scored in accordance with ISU Communication 2013
- **Levels 8 to 10 may be skated at all events, using IJS if desired by the Club but due to restrictions on levels caused by the size of the ice surface, test passes will only be available when skated on ice surfaces with a minimum size of 26 x 56 metres.** Permit requirements will be different for the two types of event.
- Where Clubs/Rinks choose and are permitted to hold an event using the IJS, the Short Programme and Free Programme **MUST be run as 2 separate events.**
- Skaters are free to enter either or both of the 2 events at any level for which they meet the requirements.
- Many skaters will be eligible at more than one level and will choose which event they enter in association with their Coach, based on their personal plans for the season. If entries are submitted for 2 events, skaters must state their preference if clubs can only accommodate skaters in one event due to time restrictions.
- As per ISU Com. 2024 no highlight will be awarded at level 8 and below.

It may be possible to achieve test passes at all NISA Permitted IJS Opens working within NISA rules / criteria.

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Event Number and Competition Name	Event level	Minimum Test Requirement	Maximum Test Requirement	Program Length	Notes
BL – Beginner Ladies BM – Beginner Men	Beginner	Skate UK Gold Star (Figure) or a minimum of Level 1 Field Moves A photocopy of the Skate UK passport must be submitted with the application form (unless Novice Field Moves or Level 1 Dance Moves already held)	Must not hold any of the following: <ul style="list-style-type: none"> ▪ Level 1 Elements or ▪ Level 1 Free 	1½ Minutes (+/- 5 seconds)	Skaters must perform a well balanced programme with linking steps, consisting of: A maximum of 3 jump elements including <ul style="list-style-type: none"> • single jumps only, excluding axel, lutz and flip • NO combinations or sequences are permitted • No single jump may be repeated more than once. NB - A 3 (waltz) jump is not a listed jump and is not counted as a jump element. A maximum of 2 spins, <ul style="list-style-type: none"> • 2 Basic position spins (of different ISU abbreviations) only are allowed with no change of foot and no change of position. (Min 3 revs) A maximum of 1 Step Sequence (min 75% ice coverage required)
L1L – Level 1 Ladies L1M – Level 1 Men	Level 1	A minimum of Level 1 Field Moves and either <ul style="list-style-type: none"> ▪ Level 1 Elements or ▪ Level 1 Free 	Must not hold any of the following: <ul style="list-style-type: none"> ▪ Level 2 Elements or ▪ Level 2 Free 	1½ Minutes (+/- 5 seconds)	Skaters must perform a well balanced programme with linking steps, consisting of: A maximum of 4 jump elements including <ul style="list-style-type: none"> • single jumps only, excluding axel ,and lutz • A maximum of 1 jump combination or sequence consisting of only 2 single jumps, excluding axel & lutz. • No single jump may be repeated more than once. There must be a maximum of two (2) spins of a different nature (abbreviation), one of which must be a spin combination and one must be a spin with no change of position. The spin combination can be executed with a change of foot and a minimum of six (6) revolutions or without a change of foot with a minimum of four (4) revolutions.

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<p>L4L – Level 4 Ladies</p> <p>L4M – Level 4 Men</p>	<p style="text-align: center;">Level 4 (Basic Novice A)</p>	<p>A minimum of Level 4 Field Moves and either</p> <ul style="list-style-type: none">▪ Level 4 Elements or▪ Level 4 Free	<p>Must not hold any of the following</p> <ul style="list-style-type: none">▪ Level 5 Elements or▪ Level 5 Free	<p>2½ Minutes (+/- 10 seconds)</p>	<p>Skaters must perform a well balanced programme with linking steps consisting of</p> <p>A maximum of 4 jump elements, consisting of</p> <ul style="list-style-type: none">• A minimum of 1 axel type jump element (either solo or in combination or sequence)• A maximum of 2 jump combinations or sequences consisting of only 2 jumps in combination .A jump sequence can contain any number of jumps but only the two most difficult jumps will be counted.• Any single or double jump cannot be executed more than twice in total.• Triple jumps not permitted <p>There must be a maximum of two (2) spins of a different nature (abbreviation), one of which must be a spin combination and one must be a spin with no change of position. The spin combination can be executed with a change of foot and a minimum of eight (8) revolutions or without a change of foot with a minimum of six (6) revolutions. The spin with no change of position can be executed with a change of foot and a minimum of eight (8) revolutions or without a change of foot and a minimum of six (6) revolutions. In both spins flying entries are allowed</p> <p>There must be one step sequence fully utilising the ice surface.</p> <p>Levels explanation: In all elements subject to levels only features up to level 2 will be counted.</p> <p>Program Components: Skating Skills & Performance/ Execution only.</p>
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<p>L5L – Level 5 Ladies</p> <p>L5M – Level 5 Men</p>	<p>Level 5 (Basic Novice A)</p> <p>Please see ISU communication 2024</p>	<p>A minimum of Level 5 Field Moves and either</p> <ul style="list-style-type: none">▪ Level 5 Elements or▪ Level 5 Free	<p>Must not hold</p> <ul style="list-style-type: none">▪ Level 6 Elements or▪ Level 6 Free <p><u>THERE IS NO MAXIMUM STANDARD FOR SKATERS WHO HAVE NOT REACHED THE AGE OF 13 BEFORE THE 1ST OF JULY 2016.</u></p>	<p>2½ Minutes (+/- 10 seconds)</p>	<p>Skaters must perform a well balanced programme with linking steps consisting of</p> <p>A maximum of 4 jump elements, consisting of</p> <ul style="list-style-type: none">• A minimum of 1 axel type jump element (either solo or in combination or sequence)• A maximum of 2 jump combinations or sequences consisting of only 2 jumps in combination .A jump sequence can contain any number of jumps but only the two most difficult jumps will be counted.• Any single or double jump cannot be executed more than twice in total.• Triple jumps not permitted. <p>There must be a maximum of two (2) spins of a different nature (abbreviation), one of which must be a spin combination and one must be a spin with no change of position. The spin combination can be executed with a change of foot and a minimum of eight (8) revolutions or without a change of foot with a minimum of six (6) revolutions. The spin with no change of position can be executed with a change of foot and a minimum of eight (8) revolutions or without a change of foot and a minimum of six (6) revolutions. In both spins flying entries are allowed</p> <p>There must be one step sequence fully utilising the ice surface.</p> <p>Levels explanation: In all elements subject to levels only features up to level 2 will be counted.</p> <p>Program Components: Skating Skills & Performance/ Execution only.</p>
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<p>L6L – Level 6 Ladies</p>	<p align="center">Level 6 (Basic Novice B)</p>	<p>A minimum of Level 6 Field Moves and either</p> <ul style="list-style-type: none"> • Level 6 Elements or • Level 6 Free 	<p>Must not hold</p> <ul style="list-style-type: none"> ▪ Level 7 Elements or ▪ Level 7 Free or ▪ Any part of any Competitive Test 	<p>3 Minutes (+/- 10 seconds)</p>	<p>Skaters must perform a well balanced programme with linking steps consisting of A maximum of 5 jump elements for ladies and 6 for men, consisting of</p> <ul style="list-style-type: none"> • 1 Axel type jump element (either solo or in combination or sequence) • A maximum of 2 jump combinations or sequences. A combination may consist of only 2 jumps. A jump sequence can contain any number of jumps, but only the 2 most difficult jumps will be counted when using the IJS. • Any single or double (including double axel) or triple jumps cannot be executed more than twice in total. • Only 2 jumps with 2 ½ revolutions or more can be repeated either in a jump combination or jump sequence. <p>There must be a maximum of two (2) spins of a different ISU abbreviation, one of which must be a spin combination and one must be a spin with no change of position. The spin combination can be executed with a change of foot and a minimum of eight (8) revolutions or without a change of foot with a minimum of six (6) revolutions. The spin with no change of position can be executed with a change of foot and a minimum of eight (8) revolutions or without a change of foot and a minimum of six (6) revolutions. In both spins flying entries are allowed</p> <p>There must be for Ladies and for Men : A maximum of 1 step sequence fully utilising the ice surface. The step will receive level features and will also be evaluated in GOE.</p> <p>Levels explanation: In all elements subject to levels only features up to level 2 will be counted.</p> <p>Program Components: Skating Skills, Performance/ Execution and Interpretation only</p>
<p>L6M – Level 6 Men</p>					

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- 1) **SPIN WITH NO CHANGE OF POSITION.** A “spin with no change of position”, in which another basic position is executed with more than two (2) revolutions, does not fulfil the requirements of a spin with “no change of position” and will be identified as a “spin combination”. However, the concluding upright position at the end of the spin is not considered to be another position independent of the number of revolutions, as long as the skater is executing only the final wind up without any enhancements. NB. This means in a spin with only one change of position, if the second position is an Upright position it should be obvious, eg. have an enhancement, to make it clear is not simply the wind up.
- 2) **CHOREOGRAPHIC SEQUENCE**
A Choreographic Sequence consists of any kind of movements like steps, turns, spirals, arabesques, spread eagles, Ina Bauers, hydroblading, any jumps with maximum of 2 revolutions, spins etc. Listed elements included in the Choreographic Sequence will not be called and will not occupy a box. The pattern is not restricted, but the sequence must be clearly visible. It can be performed before or after the Step Sequence. This element has a fixed base value and will be evaluated by the judges in GOE only. As per ISU communication 1874 and any subsequent updates.