

# NISA Test Times for Medal Certification 2011-2012

		Novice	Primary Required for British entry	Inter Bronze	Bronze	Inter Silver	Silver	Inter Gold	Gold
<b>Men</b>									
500m		56.86	54.83	50.36	47.93	45.49	43.05	42.24	41.43
1000m		1.56.84	1.52.66	1.43.48	1.38.48	1.33.46	1.28.46	1.26.79	1.25.12
1500m		3.02.89	2.56.36	2.41.99	2.34.15	2.26.32	2.18.48	2.15.87	2.13.25

<b>Ladies</b>									
500m		59.65	57.52	52.84	50.27	47.72	45.17	44.31	43.46
1000m		2.04.67	2.00.22	1.50.42	1.45.08	1.39.73	1.34.39	1.32.61	1.30.83
1500m		3.11.42	3.04.58	2.49.54	2.41.34	2.31.14	2.24.93	2.22.20	2.19.46

<b>Jun A Men</b>									
500m		58.05	55.97	51.41	48.92	46.44	43.95	43.12	42.29
1000m		1.59.43	1.55.16	1.45.78	1.40.66	1.35.54	1.30.42	1.28.72	1.27.01
1500m		3.06.67	3.00.01	2.45.34	2.37.34	2.29.34	2.21.34	2.18.67	2.16.01

<b>Jun A Ladies</b>									
500m		1.01.49	59.30	54.46	51.82	49.19	46.56	45.68	44.80
1000m		2.06.68	2.02.15	1.52.20	1.46.77	1.41.34	1.35.91	1.34.10	1.32.29
1500m		3.14.41	3.07.46	2.52.19	2.43.86	2.35.52	2.27.19	2.24.42	2.21.64

<b>Jun B Men</b>									
500m		1.02.19	58.05	55.97	51.41	48.92	46.44	43.95	43.12
1000m		2.07.96	1.59.43	1.55.16	1.45.78	1.40.66	1.35.54	1.30.42	1.28.72
1500m		3.20.01	3.06.67	3.00.01	2.45.34	2.37.34	2.29.34	2.21.34	2.18.67

<b>Jun B Ladies</b>									
500m		1.05.88	1.01.49	59.30	54.46	51.82	49.19	46.56	45.68
1000m		2.15.73	2.06.68	2.02.15	1.52.20	1.46.77	1.41.34	1.35.91	1.34.10
1500m		3.28.29	3.14.41	3.07.46	2.52.19	2.43.86	2.35.52	2.27.19	2.24.42

<b>Jun C Men (Juvenile)</b>									
500m		1.04.27	1.02.19	58.05	55.97	51.41	48.92	46.44	43.95
777m		1.40.62	1.36.89	1.33.16	1.29.44	1.23.47	1.19.00	1.17.51	1.16.02
1000m		2.12.22	2.07.96	1.59.43	1.55.16	1.45.78	1.40.66	1.35.54	1.30.42

<b>Jun C Ladies (Juvenile)</b>									
500m		1.08.08	1.05.88	1.01.49	59.30	54.46	51.82	49.19	46.56
777m		1.46.65	1.42.70	1.38.75	1.34.80	1.28.48	1.23.74	1.22.16	1.20.58
1000m		2.20.25	2.15.73	2.06.68	2.02.15	1.52.20	1.46.77	1.41.34	1.35.91

<b>Jun D Men (Pee Wee 1)</b>									
222m		31.24	30.09	28.93	27.77	25.92	24.53	24.07	23.61
333m		44.60	42.95	41.30	39.65	37.01	35.02	34.36	33.70
500m		1.06.34	1.04.27	1.02.19	58.05	55.97	51.41	48.92	46.44

<b>Jun D Ladies (Pee Wee 1)</b>									
222m		31.86	30.68	29.50	28.32	26.43	25.01	24.54	24.07
333m		45.95	44.24	42.54	40.84	38.12	36.08	35.39	34.71
500m		1.10.28	1.08.08	1.05.88	1.01.49	59.30	54.46	51.82	50.95

<b>Jun E Combined (Pee Wee 2)</b>									
222m		35.87	34.25	31.24	29.39	27.77	26.61	25.46	24.99
333m		51.21	48.90	44.60	41.96	39.65	38.00	36.34	35.68
500m		1.08.41	1.06.34	1.04.27	1.02.19	58.05	55.97	51.41	48.92