

## NISA COACH EDUCATION PROGRAMME SUMMARY OVERVIEW

### Trainee Assistant – Qualified Coach

Level	Prerequisite	Module 1	Module 2	Module 3	Module 4	Module 5
<p style="text-align: center;"><b>1</b></p> <p><b>Assistant Coach</b></p> <p>Not able to coach independently</p>	<ul style="list-style-type: none"> <li>Registration &amp; Fee</li> <li>NISA membership</li> <li>Minimum age 16</li> <li>Minimum NISA test pass Novice Field moves.</li> </ul> <p>(Short Track trainees arranged separately)</p> <p>2 years from application in which to complete this level</p>	<ul style="list-style-type: none"> <li>Completion of NISA policy documents</li> <li>Sports Coach UK Good Practice &amp; Child Protection Workshop</li> <li>First Aid</li> </ul>	NISA Information workshops	Mentor Training	Sport Specific Knowledge & Understanding of elements & how to teach them	<ul style="list-style-type: none"> <li>Assessment:                             <ul style="list-style-type: none"> <li>- On-ice Practical Assessment</li> <li>- written examination</li> </ul> </li> </ul>
<p style="text-align: center;"><b>2 C</b></p> <p><b>Development</b></p> <p>Qualified to coach independently</p>	<ul style="list-style-type: none"> <li>Registration &amp; Fee</li> <li>NISA membership</li> <li>Minimum age 18</li> <li>Level 1 held for 6 months</li> <li>Minimum one part Level 6 NISA Test</li> </ul> <p>2 years from application in which to complete this level</p>	<ul style="list-style-type: none"> <li>As above</li> <li>Public Liability acquired on completion of all other requirements</li> </ul>	Sport Coach UK Workshops	Sport Specific Knowledge & Understanding of elements and how to teach them	Mentor Training	<ul style="list-style-type: none"> <li>Assessment:                             <ul style="list-style-type: none"> <li>- On-ice Practical Assessment</li> <li>- written examination</li> </ul> </li> </ul>

### Qualified Coach – Development Coach

	Prerequisite	Sport Specific achievements to reach this level
<p style="text-align: center;"><b>2 B</b></p> <p><b>Development</b></p>	<ul style="list-style-type: none"> <li>3 years experience at level 2C</li> <li>Actively coaching for 3 years (No long term breaks in coaching, exceptional circumstances considered)</li> <li>On-going maintenance of coaching licence</li> </ul>	<p><b>SINGLES:</b> 25 level 4 test passes</p> <p><b>PAIRS:</b> 8 different couples level 4 test passes</p> <p><b>DANCE:</b> 25 level 4 test passes (Solo or partnered tests)</p> <p><b>SYNCHRONIZED:</b> To be advised</p> <p><b>SHORT TRACK SPEED:</b> To be advised</p>
<p style="text-align: center;"><b>2 A</b></p> <p><b>Development</b></p>	<ul style="list-style-type: none"> <li>5 years experience at level 2</li> <li>Actively coaching for a minimum of 5 years (No long term breaks in coaching, exceptional circumstances considered)</li> <li>On-going maintenance of coaching licence</li> </ul>	<p><b>SINGLES:</b> 25 level 5 test passes</p> <p><b>PAIRS:</b> 8 different couples level 5 test passes</p> <p><b>DANCE:</b> 25 level 5 test passes (Solo or partnered tests)</p> <p><b>SYNCHRONIZED:</b> To be advised</p> <p><b>SHORT TRACK SPEED:</b> To be advised</p>

## Qualified Coach - Performance Coach

	Prerequisite	Sport Specific achievements to reach this level
<b>2</b> Performance	<ul style="list-style-type: none"> <li>3 years experience at level 2</li> <li>Actively coaching for a minimum of 3 years (No long term breaks in coaching, exceptional circumstances considered)</li> <li>On-going maintenance of coaching licence</li> </ul>	<b>SINGLES:</b> 3 different competitors in level 8 open competitions <b>PAIRS:</b> 3 different couples competing in level 6 open competitions <b>DANCE:</b> 3 different solo competitors competing at level 8 open competitions <b>SYNCHRONIZED:</b> To be advised <b>SHORT TRACK SPEED:</b> To be advised
It is possible to proceed to level 2 performance without holding the level 2B or 2A qualification (See flow chart for details)		

Level	Prerequisite	Module 1	Module 2	Module 3	Module 4
<b>3</b> Performance 3 years from application in which to complete this level	<ul style="list-style-type: none"> <li>3 years experience at level 2</li> <li>Actively coaching for a minimum of 5 years</li> <li>On-going maintenance of coaching licence</li> </ul>	Sports Coach UK Workshops	Sport Specific training:  On & Off-ice workshops	Assessment:  On-ice Practical Assessment  written examination	Sport Specific Achievements required: Skaters must have been coached for a minimum period of 12 months prior to attending the event.  <b>SINGLES:</b> 5 different British Primary/ISU Novice Championship competitors & 1 ISU Novice International competitor <b>PAIRS:</b> 5 different British Primary/ISU Novice Championship couples & 1 ISU Novice International couple <b>DANCE:</b> 5 different British Primary/ISU Novice Championship couples & 1 ISU Novice International couple <b>SYNCHRONIZED:</b> To be advised <b>SHORT TRACK SPEED:</b> To be advised
<b>4</b> Performance 3 years from application in which to complete this level	<ul style="list-style-type: none"> <li>4 years experience at level 3</li> <li>Actively coaching for minimum of 8 years</li> <li>On-going maintenance of coaching licence</li> </ul>	Sports Coach UK Work units	Sport Specific training:  On & Off-ice workshops	Practical Delivery:  Deliver Regional Seminars to include practical & theoretical sessions at level 2 or above	Sport Specific Achievements required: Skaters must have been coached for a minimum period of 12 months prior to attending the event.  <b>SINGLES:</b> 3 different British Junior competitors, 3 different Senior Championship competitors & 3 Senior ISU International competitors. <b>PAIRS:</b> 3 different British Junior couples, 2 different British Senior Championship couples & 3 Senior ISU International couples. <b>DANCE:</b> 3 different British Junior couples, 2 different British Senior Championship couples & 3 Senior ISU International couples. <b>SYNCHRONIZED:</b> To be advised <b>SHORT TRACK SPEED:</b> To be advised
<b>5</b> Performance 3 years from application in which to complete this level	<ul style="list-style-type: none"> <li>Holding level 4 performance</li> <li>Actively coaching for minimum of 8 years</li> <li>On-going maintenance of coaching licence</li> </ul>	Practical & Theoretical work alongside other World Championship top ten coaches  ISU/BOA Development Seminars	Awarded to those with Sport Science background and demonstrating a sense of leadership within the sport at the highest levels	Deliver Regional, National & International Seminars to include practical & theoretical sessions at level 3 or above. Show outstanding levels of delivery and organisational skills	Sport Specific Achievements required: Skaters must have been coached for a minimum period of 12 months prior to attending the event.  <b>SINGLES:</b> 3 different ISU Senior Championship competitors <b>PAIRS:</b> 3 different ISU Senior Championship couples <b>DANCE:</b> 3 different ISU Senior Championship couples <b>SYNCHRONIZED:</b> To be advised <b>SHORT TRACK SPEED:</b> To be advised